#### DECEMBER 2011

## EFPSA Newsletter



## "Welcome to the 2<sup>nd</sup> newsletter of the 2011/12 mandate"



Vedran Lešić (President) and Maaike Geurts (Vice –President)

Dear psychology students and EFPSA friends,

Welcome to the second edition of the EFPSA Newsletter – an opportunity to share with you an overview of current happenings in EFPSA since the last issue in August. We will provide you with a summary of the joint EB/MR meeting, which took place in Croatia; share information about this year's EFPSA summer schools; and inform you about the activity of EF-PSA representatives in EFPA. You can also read exciting new information about the 26<sup>th</sup> Congress of European Psychology Students, which will take place in Denmark next year. In this Newsletter you can also find info about the 2<sup>nd</sup> EFPSA day, which took place simultaneously across the Europe on the 15<sup>th</sup> of November. Finally, you will be updated about EFPSA external relations activities and new partners. Don't forget to read about the new upcoming events & opportunities in the EFPSA calendar. We hope you enjoy the reading!

On behalf of the presidential team of EFPSA, Vedran Lešić & Maaike Geurts

## Joint EB/MR Meeting 2011 in Croatia

One of EFPSA's most essential events is the Executive Board/Member Representative's meeting that takes place around October in a different member country once a year. This year, Crikvenica, a city near Rijeka in south Croatia, hosted around 70 EFPSA active members, from the 23<sup>rd</sup> to the 28<sup>th</sup> of October. During this meeting all EFPSA members had opportunity to evaluate the work that had been done in the first half of the mandate while they made action plans and exchanged ideas with one another regarding the next half of the mandate. The meeting was an extraordinary opportunity for all members to work and discuss in person. Furthermore, a considerable amount of time and effort went into a session dedicated to the process of strategic planning: here the focus was on the future of EFPSA activities mission, vision and strategic aims. The outcomes of all EFPSA members working jointly on such tasks went beyond our expectations. Many fruitful discussions and new ideas came to the surface and EF-PSA's future has gained a whole new positive momentum.

Alongside this, all teams had the opportunity to exchange experiences by presenting their working plans and future tasks to all Member Representatives present at the meeting. Last but not least, during the General Assembly MRs voted upon the approval of the new European Summer School event coordinator, whilst new and potential projects were also presented to the organization. Alongside the



Participants of the EB/MR meeting 2011, Crikvenica, Croatia.

effort and time all participants put in their work and teams, this meeting hosted an incredibly creative, social and cultural programme. Cultural evening gave everyone the chance to taste some traditional food and the time for members to catch up with each other. The amazing org.com achieved its goal to bring closer Croatian culture and heritage to EFPSA members. Special thanks to the organizing committee for all the work and effort they put into the week and for providing such an inspiring and beautiful environment for the meeting. This week definitely kept the EFPSA spirit alive!

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## The Congress of European Psychology Students

The annual EFPSA Congress 2012, a week with a highly academic and social program will take place on Lolland, a small Danish island, 22nd to 29th of April, 2012. The venue is situated in a green, rural area close to the sea, accessible either via Germany or Denmark. Entitled "Mind the Body", this Congress has a very specific theme: chosen because of its national relevance, as well as its being an upcoming tendency in international research that may come to shape the way psychology is be practiced in the years to come - altogether making the Congress highly relevant for the next generation of psychologists. It is possible for participants to be part of the scientific program by holding a workshop, a paper- or poster presentation related to the theme.

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The week will consist of interesting lectures, workshops and presentations during the day, opportunities to become part of the EFPSA organization, social activities and parties with your fellow European psychology students at night, as well as an excursion to wonderful Copenhagen. The regis-



European Federation of Psychology Students' Associations

tration period for participants will be from the  $1^{st}$  of December to  $22^{nd}$ of January. More information on registration will be updated on the website before the  $1^{st}$  of December. For more information, and to stay updated, visit:

congress2012.efpsa.org

## EFPSA Representatives in EFPA's Boards/SCs/TFs

"Linking the professionals, students and academics is a important action for the development of psychology. EFPA and EFPSA collaboration enhance that goal." The European Federation of Psychologists' Associations (EFPA) brings EFPSA an amazing opportunity to be part of the professional world. This year, the EFPSA office sent a call to all EFPSA members regarding 16 positions in EFPA Boards, Scientific Committees and Task Forces related to a great variety of psychological issues. The nominations were of an exceptional standard and due to this the selection process was demanding. All EFPSA Representatives in EFPA, will remain at these positions for the coming two years, with all the obligations and tasks of their positions already outlined. Furthermore, the Board of Management and EFPSA Office is currently working on a new structure of the communication between EF-PSA and EFPSA Representatives in EFPA. They are all excited and anticipating starting work at these positions.

## Train the Trainers Summer School 2011

In August 2011 the Train the Trainers summer school (TtT) took place at an eco-centre in Oucmanice (Czech Republic) where participants enjoyed a lot of fresh air, good food, and beautiful landscapes. Twelve psychology students with great training potential and high levels of motivation were selected to attend this event. During the intense week participants were introduced to basic aspects of creating and delivering a session. They also developed an understanding for non-formal education, the process of learning, modern training theories, and the latest research in this field. By the end of the week, participants developed extensive training skills that they employed by delivering an independent training session on a topic of their choice. There was also social program, including the EFPSA cultural evening, where all participants shared and experienced their native cultures. TtT participants are currently working on their portfolio in order to apply for their next step of becoming an EFPSA Trainer - a position which involves joining the Trainers Pool and delivering train-



ings during internal EFPSA events. Participants demonstrated great training results, and are becoming active and involved in trainingrelated activities. Apply for the next TtT Summer School 2012 in order to have the chance to experience this great service that EFPSA has to offer! EFPSA NEWSLETTER DECEMBER 2011



## 2nd EFPSA Day



EFPSA day all around Europe

The second EFPSA Day in the history of EFPSA took place on November 15th, 2011. Local Organisers (LO's) in many different countries across Europe had one common goal: present EFPSA to psychology students and spread the EFPSA spirit! This great event was organised at 51 universities across 25 countries on the same day! The number of countries organising this unique event means that most parts of Europe were covered - largely thanks to our wonderful LO's, who put a lot of effort into giving lectures, holding workshops and various presentations and sharing flyers regarding EFPSAs' activities and services among students at their universities. Some organisers even arranged virtual chats with EFPSA Day organisers from other countries, thus promoting the mobility and the intercultural dimension of EFPSA.

The EFPSA Day team (Tamara Leš & Jose Antonio Blay Chávez), who successfully coordinated all the activities by providing the necessary material for the EF-PSA presentations as well as supporting the LO's, were very happy about this year's EFPSA Day and proud of all the creative outcomes. EFPSA hopes that many new psychology students had chance to learn more about the EFPSA world and will join the organisation making next EFPSA day in 2012 even more special!

## The New European Summer School Team

This July marked the European Summer School's (ESS) fifth year of providing a unique research experience to the future of European psychology students. After the ESS 2011, which took place in Hungary, the call for new team went out. The next ESS event Coordinator 2012 is William Steel from the United Kingdom - a position approved at the EFPSA General Assembly in Croatia. Together with Lorenz Jager (Switzerland), Ozlem Eylem (Cyprus), Peter Edelsbrunner (Austria) and Antoine Selim Belgin (Turkey) they represent the fresh face of the new ESS team.

Fortunately, the majority of the team managed to attend the EFPSA EB/MR meeting in Croatia. The meeting enabled the team to spend some time discussing the future of the ESS and how to proceed with incorporating fresh ideas, as well as experiences from the past, into plans for the future. Alongside bringing the new members of the team up to speed on what work will be done over the next few months in preparation for the ESS 2012, they worked on bringing the ESS closer to other services provided by EFPSA, including JEPS and the Congress. Indeed, next year we look forward to an ESS that will be more productive and well structured, in terms of its research output, than ever before. The ESS team of this mandate has also been working hard to maintain contact with the research groups of this year's summer school. Regular follow-up meetings have taken place with research supervisors, and we are pleased to report that all teams are making great progress. Most recently, the ESS team published the annual call for applications for a host team for the ESS 2012. EFPSA is eagerly awaiting these applications as the ESS team continues to plan for the July summer school 2012.



Members of ESS team: Antoine (Turkey), William (UK) and Peter (Austria)

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### **External Relations Corner**



#### A Europe Academic Network (EUROPLAT)

EFPSA has become an associate partner of Europlat, a European Academic Network to support the learning and teaching of psychology. Europlat was established in October 2009 and aims to enhance the quality and development of teaching and student-learning in psychology. Every year members of the network complete a research project and engage in annual Europlat meetings that enable all partners to meet and discuss the progress of the project. The next Europlat international conference will be held in Vilnius, Lithuania on 28-30 June, 2012. Deadline for submissions in the form of a symposia, research papers or poster is 5th January 2012. For more information visit: <u>http://www.europlat.org/</u>

#### Right to Research Coalition (R2RC)

# RESEARCH COALITION

Limited access in journals is a growing issue in the academic world. EFPSA's own Journal of European Psychology Students (JEPS) - one of the few journals that is openly accessible to the public - has entered into cooperation with the group R2RC (righttoresearch.org). This partnership seeks to promote open access, beginning with publications from European psychology departments that our members attend. Our aim is to make students, academics and society at large, aware of how much publishers profit from journals. Moreover, we want to raise awareness that research findings do not reach the people who stand to benefit from them most: students, academics, patients and caregivers - leaving these groups with limited and underrepresented access to research.

#### Board of European Students of Technology

Among student organizations EFPSA has developed close ties to is BEST. Currently two joint events are being planned. Firstly, the Practice Tram is a four-day event with the purpose of giving newly joined trainers the opportunity to practice their skills and get feedback from fellow trainers. Secondly, the Train Advanced Trainers summer school gives trainers from EFPSA and BEST the chance of deepening their professional development and practicing new training techniques. It is a weeklong event in which the participants will have contact with experienced trainers from all over Europe. For more information visit the website: http://www.best.eu.org/index.jsp



Board of European Students of Technology

#### Psychology Resources Around the World (PRAW)

Recently EFPSA has joined another very interesting project and hopes to contribute to the process of collecting all psychology related information under one roof. Psychology Resources Around the World (PRAW) is an open source website and a freely accessible resource for the whole discipline of psychology developed by International Union of Psychological Science (IUPsyS). Available materials include links, articles, citations, references, and contacts of psychology related organisations. Anyone is welcome to add more information to this rapidly developing database. If you are interested you can visit the website of PRAW at: <u>http://www.iupsys.net/ index.php/praw</u>



## News in brief

#### 1<sup>st</sup> BM meeting in the Netherlands

At the end of August, Board of Management (BM) members gathered in the Netherlands to attend the first meeting of this mandate. On the meeting agenda were discussions covering a range of topics, including strategic planning, internal and external communication tools and a reality check of the entire organisation. Some concrete decisions and plans were made and finally BM members had the time to bond and get to know one another a little better. All in all, it was really interesting and fruitful meeting.

#### "Grants" Task Force

The first application for grants in the history of EFPSA was successfully submitted. Members of the "Grants" Task Force along with the Danish org.com and the support of other EFPSA members worked jointly throughout the application process for a European Youth Foundation grant which will support the EFPSA Congress 2012. Furthermore, members of the Task Force also worked hard on applying for the Grant Youth in Action 4.1 - Support for bodies active at European level in the field of youth. The collaboration for this submission was highly successful and outcomes are to be announced in the coming months.

#### EFPA Conference: A contribution to EU policy making

During the recent months there have been many new and exciting developments in the close ties between EFPSA and EFPA (European Federation of Psychologists' Associations). On the 9<sup>th</sup> of November, EFPA organised their first conference on topic of 'Psychology - A Contribution to EU Policy Making' with the aim of bringing attendants perspective of what present-day psychology can contribute to areas such as health, education, work, community, and traffic. Two representatives of EFPSA, Maaike Geurts and Ingrid van Miert, attended the meeting in order to find out more about how students could also get involved in the progress of policy making from the earliest stages. Further cooperation possibilities and future projects will be discussed at future meetings.

#### **Promotion**-Youtube-Wikipedia

In order to maximise our contact with psychology students, EFPSA are present on a number of social networks - this includes spreading EF-PSA spirit and memories from different events by sharing videos on our Youtube channel which you can find at: <u>http://www.youtube.com/</u> <u>user/EFPSAofficial</u>. We would be more than happy if you join our fan page on Facebook: <u>https://www.facebook.com/#!/EFPSA</u>, or follow us on Twiter: <u>http://twitter.com/#!/efpsa</u>, both of which will bring you the freshest news from EFPSA world. There you can also find EFPSA pictures from annual congresses, summer schools and other meetings. Feel free to tag yourself and your friends, or just meet EFPSA people. Remember also our EFPSA web page at <u>http://efpsa.org/</u>, where you can find all necessary information about EFPSA events and services. Very soon you will even be able to find us on Wikipedia ... but until then, let's be on-line with EFPSA life all the time!

Visit us on facebook, twitter, youtube and on our webpage! www.efpsa.org contact@efpsa.org

## read in the next newsletter about...

New EFPSA events

2<sup>nd</sup> BM meeting in Portugal.

EFPSA external relations

News from EFPSA services



European Parliament (09.11. 2011)

The European Federation of Psychology Students' Associations (EFPSA) unites 29 psychology students' organisations all over Europe under one multicultural and colourful roof. It was established in 1987 during the first International Congress of Psychology Students in Portugal. Today EFPSA is a youth non-governmental organisation currently representing 250,000 psychology students from across Europe.

Our mission is to meet the needs and interests of psychology students of Europe. We promote scientific cooperation and cultural exchange between psychology students in order to enhance their mobility and academic opportunities. We aim to be a reliable and widely acknowledged representative body of the European psychology students, including students themselves, psychologists, institutions, and professional organisations on the national and European level.